



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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CHOOSE

YOUR

ADVENTURE!

# HAVERHILL & PLAISTOW YMCA 2024 CAMP GUIDE

[NORTHSHOREYMCA.ORG](http://NORTHSHOREYMCA.ORG)

# Welcome to Y Camp!

## OUR PHILOSOPHY



SCAN AND REGISTER FOR CAMP!

At YMCA summer camp your child will learn new skills, develop character, gain confidence, stay active and have fun! Our camps offer children positive developmental experiences that build confidence through skill-building activities suited to their age. Campers are able to explore creativity, teamwork and leadership in a wide range of physically active programs that influence positive lifelong skills. Whatever interest your child has, there is a Y camp for them.

### SET YOUR CAMPER UP FOR SUCCESS - Inclusion Specialist

People, places, and things they know allow children to thrive in a group environment. Let us join your child's team by helping us learn about their individual needs and interests. Your Inclusion Specialist is looking forward to meeting you and your child prior to camp. Reach out to our Inclusion Specialist, Tia Zanardi at [zanardit@northshoreymca.org](mailto:zanardit@northshoreymca.org)

## REGISTRATION & PRICING

We are ready to welcome you back for another active and memorable Summer! Our camp pricing options include:

	DAY CAMP	DAY CAMP AGES 5-6	SPECIALTY	SPECIALTY AGES 5-6
Y Family Members	\$285	\$325	\$335	\$375
Y Youth Members	\$325	\$365	\$375	\$415
Community	\$355	\$395	\$405	\$445

## CAMP HOURS

DROP-OFF 8:45 - 9:00 AM  
 CAMP DAY 9:00 AM - 4:00 PM  
 PICK-UP 4:00 PM

To learn more about early drop-off and late pick-up please contact the Y.

### ADDITIONAL FEES

**Camp Tricklin' Falls Bus:** \$50    **\*Before Care:** \$35    **\*After Care:** \$35

\*Before and after care is only available for Haverhill & Plaistow specialty camps.

**Need Flexible Pricing for camp?** Scan the QR code above to apply or renew! You must have an up-to-date approval for 2024 before enrolling in summer camp; we will not be able to honor income-based pricing retroactively.

## REGISTRATION CHANGES & REFUNDS

- \$10 deposits are required per camper per week and are non-refundable.
- Change requests must be made by Friday at noon for the following week's session. Fees may apply.
- **New in 2024: There will be no refunds after June 22.** This includes your deposit and associated registration fee for the camp week(s) you selected. Charges will happen 8 days before the start of the camp session you registered for.
- In some situations, a refund may be issued if you are unable to attend a program because of a serious illness or injury, and written medical verification from your child's physician is provided.

Registration fees pay for direct operating costs such as staff, materials, and supplies. When you enroll, you are reserving the time, space, staffing, and provisions for your camper regardless of whether they attend.

## 2024 WEEKLY THEMES

June 17 - June 21	GAMES WEEK	July 22 - July 26	SPIRIT WEEK
June 24 - June 28	CARNIVAL WEEK	July 29 - August 8	DECADES WEEK
July 1 - July 5	HOLIDAY WEEK	August 5 - August 9	TROPICAL PARADISE
July 8 - July 12	CHARACTER WEEK	August 12 - August 16	OLYMPICS WEEK
July 15 - July 19	MYSTERY WEEK	August 19 - August 23	SAFARI WEEK

## DAY CAMPS

### CAMP TRICKLIN' FALLS Ages 5-15 | Dates: 6/17-8/23

With 14 acres of beautiful woods and pine trees along the Powwow River in East Kingston, NH Camp Tricklin' Falls offers campers kayaking, swimming, sports, nature exploration and more. Campers enjoy the archery range, arts and crafts, a 55 foot climbing tower and challenge course, low ropes course for team building, canoeing, nature and wilderness discovery stations, sports fields and weekly fun-filled themes. Each and every day campers realize that Camp Tricklin' Falls is more than just a summer camp, it's a place filled with positive experiences, friends, memories and fun.

- Little Pine Cones Camp Ages 5-5.11 (entering kindergarten in the fall)
- Rolling Thunder Camp Ages 6-6.11
- Pioneers Camp Ages 7-9.11
- Frontier Camp Ages 10-12.11

### LEADERSHIP ACADEMY at Camp Tricklin' Falls Ages 13-14.11 | Dates: 6/17-8/23

Building our future camp leaders. Counselor-In-Training (CIT) camp is designed to do exactly that! Each four week program is built around the YMCA's core values and will focus on different aspects of being a camp counselor including: camper safety, group facilitation, first aid and CPR, leadership development, job preparation, and so much more. CITs will shadow other YMCA camp counselors, while also having fun swimming and participating in CIT exclusive activities using everything that the camp property has to offer. CITs that successfully complete and demonstrate skills will receive a certificate of completion and will become a certified CIT for the YMCA of the North Shore.

140 Haverhill Road, East Kingston, NH 03827

## SPECIALTY CAMPS — at the Plaistow Community YMCA

### NEW! GYMNASTICS CAMP

JR: Ages 5-7 | Dates: 6/24-8/23

SR: Ages 7-14 | Dates: 6/24-8/23

Enjoy our specialty gymnastics camps. Each week our dedicated and experienced gymnastics instructors will provide lessons, activities, and games for gymnastics campers to enjoy while learning about the Vault, Uneven Bars, Balance Beam, and Floor Exercise!

### NEW! SPORTS CAMP

JR: Ages 7-10 | Dates: 6/24-6/28; 7/15-7/19; 7/29-8/2; 8/12-8/16

SR: Ages 11-14 | Dates: 7/8-7/12; 7/22-7/26; 8/5-8/9; 8/19-8/23

Join us for a fun filled week of Sports Camp! At camp you will be playing soccer, gaga, football, basketball, volleyball, hockey, wiffleball, kickball and so much more!

175 Plaistow Road, Plaistow, NH 03865

TURN OVER TO SEE OUR SPECIALTY CAMPS AT THE HAVERHILL YMCA >>>

#### CAMP LICENSING (MA)

This camp must comply with regulations of the Massachusetts Department of Public Health and are licensed by the local board of health.

Parents/guardians have the right to review background check, healthcare, discipline policies, and grievance procedures upon request.

#### CAMP LICENSING (NH)

New Hampshire Camps comply with the Youth Recreation and Skills Camp Rules and are licensed by the NH Department of Health and Human Services.

FOR QUESTIONS PLEASE CONTACT THE HAVERHILL YMCA AT (978) 374-0506  
OR THE PLAISTOW COMMUNITY YMCA AT (603) 382-0641

## OLYMPICS WEEK CAMP

**SR:** Ages 8-12 | Dates: 6/17-6/21

Join us for Olympic style games all week long!

## STORYTELLERS WEEK CAMP

**JR:** Ages 6-7 | Dates: 6/17-6/21; 7/8-7/12

Explore different books with us! We will be highlighting: Green Eggs and Ham, Alice in Wonderland, The Very Hungry Caterpillar, Chicka, Chicka, Boom, Boom, and Where the Wild Things Are! Super fun activities await you!

## ARTS CAMP

**JR:** Ages 6-7 | Dates: 6/24-6/28; 8/5-8/9 **SR:** Ages 8-12 | Dates: 6/17-6/21; 7/8-7/12; 8/12-8/16

Art camp will be bright and exciting. Tye Dye, Scratch Art, Diamond Paintings and so much more!

## CAMP TRAIL BLAZER

**SR:** Ages 10-14 | Dates: 6/24-6/28; 8/5-8/9; 8/12-8/16; 8/19-8/23

Our camp is designed for kids in Middle School who love to go on field trips! Two days a week we will be venturing to state parks and two days a week we will be venturing on speciality field trips! During our day onsite at the Y we will be completing a community service learning project. This camp is designed for your middle schooler who loves to be outdoors, is always on the go, and wants to make a difference in their community while making new friends!

## LEGO CAMP

**JR:** Ages 6-7 | Dates: 7/29-8/2 **SR:** Ages 8-12 | Dates: 6/24-6/28; 7/15-7/19; 8/12-8/16

Be a builder with us! Each day campers will be engaged through playful, hands-on STEM learning while having fun!

## MAD SCIENCE CAMP

**JR:** Ages 6-7 | Dates: 8/12-8/16 **SR:** Ages 8-12 | Dates: 6/24-6/28; 7/22-7/26; 7/29-8/2

Our Mad Science Camp allows you to channel your inner mad scientist this Summer! Come explore various science concepts, see chemical reactions, physics and more through hands-on experiments, creative projects and STEM challenges. This science-packed, crazy fun camp is sure to inspire future scientists!

## TRIPS CAMP

**SR:** Ages 8-12 | Dates: 6/24-6/28; 7/29-8/2; 8/5-8/9; 8/12-8/16

Join us as we venture on daily field trips to our Plaistow Community YMCA. Once at our YMCA you will be able to choose to participate in gymnastics activities or sports activities! We will also be enjoying outside activities, arts and crafts activities and team building activities! Join us on fun adventures!

## CULINARY CAMP

**JR:** Ages 6-7 | Dates: 7/15-7/19 **SR:** Ages 8-12 | Dates: 7/1-7/5; 7/22-7/26; 8/5-8/9

Culinary Camp will focus on, nutrition, measurement skills, following directions, recipe writing, and learning different ways to prepare and cook foods. Hands-on cooking helps develop confidence and skills needed in the kitchen.

## HOLIDAYS AROUND THE WORLD WEEK CAMP

**JR:** Ages 6-7 | Dates: 7/1-7/5 **SR:** Ages 8-12 | Dates: 7/1-7/5; 7/29-8/2

Join us and learn about different holidays and cultures! Through crafts and fun activities, we will learn to spark curiosity about other cultures!

## Y CAMP'S GOT TALENT

**SR:** Ages 8-12 | Dates: 7/8-7/12

Bring it on! Explore your talents and practice singing, dancing, music, and more! All talents will be on display at our end-of-week talent show!

## HARRY POTTER CAMP

**SR:** Ages 8-12 | Dates: 7/15-7/19

This is for all the wanna be witches and wizards out there! Join us for a fun filled week of all things Harry Potter!

## PRINCES, PRINCESSES, AND VILLIANS WEEK

**JR:** Ages 6-7 | Dates: 7/22-7/26

All things Disney! Join us for Disney movie themed activities, crafts, costumes and so much more!

## ANIMAL PLANET WEEK CAMP

**SR:** Ages 8-12 | Dates: 8/5-8/9

Travel to a new continent each day with us and discover new species of animals! Explore how each animal survives in their natural habitat!

**SPECIALTY CAMPS —  
at the Haverhill YMCA**

81 Winter Street, Haverhill, MA 01830